



CHECKLIST

Pole Cleaning Checklist

- ☐ Identify your pole's finish before choosing a cleaner

- ☐ Avoid abrasive pads and strong solvents on chrome

- ☐ Use diluted vinegar sparingly on brass and wipe dry after

- ☐ Apply cleaner to the cloth, not directly to the pole

- ☐ Work from top to bottom to avoid re-contaminating clean sections

- ☐ Keep liquid away from the bearing on a spinning pole

- ☐ Dry the pole fully before touching it again

- ☐ Test grip with dry hands before starting your session
